

Bike Safe, Bike Smart!

WHAT YOU NEED TO KNOW TO RIDE SAFELY
WITH YOUR KIDS AND OTHERS!



Classes include classroom discussion, on-bike skills & group ride!

FREE workshops for parents interested in biking safely with their kids to school... and beyond!

SIGN UP TODAY!

www.ccwalkandroll.com/registration

Safety Essentials for Parents

- Helmet safety and fitting
- ABC Quick Check
- Rules of the road
- Riding in traffic
- Choosing a route
- Passing
- Lights, gears and other equipment
- Bike Paths and more (riding with kids, emergency prep)
- Road Skills: Starting, stopping, scanning, turning, yielding, hazard avoidance

Fun Times by Bike for Families

- Helmet safety and fitting
- ABC Quick Check
- Rules of the road
- Lights, gears and other equipment
- Bike Paths and more (riding with kids, emergency prep)
- Road Skills: Starting, stopping, scanning, turning,

Safety Essentials:

Wed, March 4,	El Marino	9 a.m. – 12 noon	Room 28
Sat, April 18	Linwood E. Howe	9 a.m. – 12 noon	CCUSD Board Room
Sun, May 17	Farragut/CCMS	12 noon – 3 p.m.	Room 401

Fun Times by Bike:

Sun, March 15	CCMS	12 noon – 2pm	Room 401
---------------	------	---------------	----------

Family Fun Rides:

Join us each month for a family-friendly bike ride to explore safe routes throughout Culver City. A new adventure each month!

For more information:
www.ccwalkandroll.com

All skill levels are invited to attend. Participants in the group rides and road skills portions will be expected to bring a bike in good working order and be able to ride without difficulty.



Free gift for all participants!